

ADAPT REVOLUTION! EP 1: AN EPIC INTRODUCTION

Cerulean [00:00:29] [INTRO SONG: "Sure Thing" by Miguel. All rights reserved] This is the ADAPT REVOLUTION! Say it with me, Beth. Say it with me.

Beth [00:00:38] This is the ADAPT REVOLUTION!

Cerulean [00:00:46] Your weekly antidote to hate, greed and ableism, where the D-word is disability. We want to first and foremost acknowledge that we are on the ancestral lands of the Anishinaabe and Dakota people. In what is also known as Minnesota and affectionately known to us as the Twin Cities in large part for the roots of this show at this moment in time. So welcome to the ADAPT REVOLUTION!

Beth [00:01:32] Hello. Out there in Radio land. This is Beth Blick. I'm Wildfire Woman. I'm someone who knows how to play hardball because I feel like there's too much of a double standard if I'm. If I'm too nice. People think they can get away with doing nothing but then, if I play hardball, then they, you know, then they don't listen. But, you know, I find that it pays off anyway.

Cerulean [00:02:16] Yeah. Thank you Beth for that introduction. My name is Cerulean, known to many people as Matt Thiede, and I am using a mixture of pronouns these days, you know, for different things. But you're free to call me by whatever pronoun that comes to you at that point, and just enjoy the experience of feeling enough into someone to understand them, maybe without pronouns. I've been exploring intersex community lately and I'm starting to wonder if I might be intersex and I don't really necessarily feel like I need a gender. I was raised with a fairly firm adherence to HE, but then after I did the first phase of my evolution and gave in to Homo eroticism, as it were, you know, I experienced butchness and femininity in much different ways, and queerness became a quilt that I wore for comfort and safety and preparation for whatever might come to me in life. And it's been a huge strength for me. That kind of queerness. And that makes me think of the concert that we were at last night because we were talking about unlimited love. Last night at Red Hot Chili Peppers, King Princess and the Strokes concert, and that was the Unlimited Love tour, you know. And what does that mean? Unlimited love. That means abundance for everyone, you know. And so that says a little bit about me. I've always been someone who believed in unlimited love and infinite understanding. And. I think that's enough for now. But thank you all for being here. And we welcome you to this space. We hope that it will be yours as well. And let's get into the episode.

Beth [00:04:59] Well, I don't remember when ADAPT got started, but I know that they first got started over on wanting and needing better transportation than what they were getting. They were constantly running up against brick walls in terms of. Of all. Of a lack of, um, of accessible, uh, public transportation, and they weren't willing to put up with it any more. They were constantly coming up against a lot of, uh, verbal and can't or won't do anything about it. So they, uh, you know, took their actions to the streets and the suites and they, uh, you know, continually, um, used the, um, assistance of, of an ally ship from a, an incredibly, uh. Um. Important guy. Uh. Who's who? Who? Who was the minister from? Who is nondisabled, who, you know, has since passed on. And then they began to take on other issues like, um, like demanding that there be better alternatives to nursing homes. And I, you know, on a national level I got involved with and flew out to, um, Las Vegas and participated in, in an, in an action outside of, uh, there, you know, fancy, uh, the fancy convention of management who had to follow these, uh, unneeded, unnecessary nursing homes where more abuse taking place behind closed doors then, you know, was always being printed out, um, out and about in, in the press, which now, you know, and to a greater extent is getting, you know, is getting more, um, poor than it used to. At least it's getting more attention in the Minneapolis Star Tribune. Um, I'd say to an extent in the Pioneer Press, but not as much as it could be getting. And so, you know. You know, we here in the Twin Cities. You know, um, did a, um, action out here with, uh, with SEIU, one of the, uh, labor unions. Um, two against, um. One of the. One of the, uh, airport. The, uh. The airport unions. Oh, no. What is it called again Matt?

Cerulean [00:08:35] SEIU, the Home Care Union.

Beth [00:08:37] Yeah, the Home care Union. Yeah. Um. And we did an abortion at the Minneapolis St. Paul. Uh, airport. Um. Dealing with. Um. No, I'm thinking about one of the. Against one of their. Ah, not thinking of SEIU, I think. Right. I mean, yes, I'm thinking of them, but I'm talking about. What is the. Oh, sure. You think? Um. I'm talking about. Uh. Uh. And I'm not thinking of American Airlines. I'm thinking of the one that begins with a D.

Ceruean [00:09:46] Delta Airlines.

Beth [00:09:47] Yeah. Delta. Yes. Yeah. Anyhow, we were there to protest the, you know, shamelessly disrespectful, shameful disrespect. Disrespectful treatment by. Delta Air Lines against people with disabilities in wheelchairs and the way in which they were treated and the, uh, shoddy care that they were being forced to put up with. And so, uh. You know, we had a breakfast and during that training, on nonviolent civil disobedience. You know, there were those of us who chose to get arrested, and we, uh. Um. It, you know, used the National Lawyers Guild to help. It's so. You know, and not having to go to court. And I, you know, was in a room, you know, uh, with, with another person, um, while we were at the airport and we, you know, sat out on the road, you know, uh, you know, shouting out or protests. And, you know, we just had a marvelously great time doing that. And and I would and I'll continue to do it again as long as it takes.

Ceruean [00:11:29] Yeah. Wow. Good. Today for our first episode, we were able to go over to Pillsbury House + Theater in South Minneapolis and connect with employees from the EPIC Program at Pillsbury House.

Beth [00:11:49] Yes. Now, I like that.

Ceruean [00:11:55] We would like to we would like to start off our program every week by offering a little bit of humor from the community, which we are calling Knee Slappers Synonymous. So we hope that everyone gets all of the jokes in their own way, whether they realize it now or realize it later. So we've got plenty of jokes coming from the EPIC program today, and we also have some news updates directly from that. And now, without further ado, we'd like to get into the jokes and the dreams from the folks from the epic program at Pillsbury House and Theater.

Wanda [00:12:44] And then say your name, please.

Ava [00:12:46] My name is-. Go ahead. Hey, my name is Ava, and my dream is to become a singer.

Ceruean [00:12:57] To become a singer. Okay. And we want to know, do you have any jokes? Yeah. Ava, knock knock. Who's there?

EPIC [00:13:08] Sassy. Sassy. No. Sloppy, Sloppy. Who? Sloppy. Sloppy with yo bald head.

Ceruean [00:13:17] That's hilarious. All right, Ready? And.

EPIC [00:13:25] Hi. My name's Savannah. I would like to become a famous artist who works in. How do you make a tissue dance? How do you make it dance? Yeah, well, the bougie in it.

Ceruean [00:13:38] Put a boogie in it. Want to see? All right, Ned. And I've got to be president of the United States. Running for president. Nick. No. All right, I hear that.

EPIC [00:13:53] And, Nick, do you have any joke? Anyone? Not. Not. Who's there? Banana. Banana who? Knock, knock, knock, knock. Who's there? Banana. Banana.

Ceruean [00:14:04] Who? Who's there? Orange. Orange. Who answered that? I didn't say banana.

EPIC [00:14:11] I am. Oh, well, where you go? Hey, but let it be coconut. Know who they're real. Well, who? Radio to radio. I'm a radio. Holy goodness. You got a joke? Yeah, I do. Yes. Yeah. Oh.

Ceruean [00:14:36] Jokes and a funny name. You got a dream or a joke? And what's your name? Calvin. A real one. All right, Calvin, you got a joke or a dream? No dream. I couldn't tell what I was

dreaming about. Oh, okay. You want to tell what you were dreaming about? Go for it. Okay. Open. What? I did some other things that could have getting old passengers. Uh huh, Uh huh, uh huh. And what about for yourself or for the disability community? Moving forward, what do you want to see happen in the community? To want to work? Just work. And so I have money of my own work. And have money of your own? Yep. That's a pretty good dream. That's a pretty. That's a pretty solid dream for all of us, right? Yep. Yeah. All right, then. Did you want to say anything.

EPIC [00:15:30] Else for the radio? No. All right. Well, thank you.

Ceruean [00:15:35] They're free. Okay, go ahead. My name is Marcus, and my dream is to be for the world to be cancer free. You heard it here first. Cancer free. Thanks, Calvin. No, I think. Calvin. Huh? Oh, Marcus. Marcus, I'm so sorry. I'm Marcus. Marcus? Yeah. So what are we gonna do? Whatever you want me to say. You want to.

EPIC [00:16:01] Be a preacher? Yeah. Darrell? Yeah.

Ceruean [00:16:03] Are you going to preach to us right now?

EPIC [00:16:05] Yeah.

Ceruean [00:16:06] What do you. What do you want to say? Oh. Oh. See the whole thing? I'm a grown man. Yeah, yeah, yeah. Yeah, man. Yeah. Yeah, I'm good, man. I got to do that all right guy. He's out. All right.

EPIC [00:16:27] Right. Darrle.

Ceruean [00:16:29] Thank you, Darrell. He's a nice guy.

EPIC [00:16:32] Hey, I have one more nutmeg still, and knock, knock. Who's there doing this? Oh, my monster. That monster who thinks the monster has to get people to eat. Monster has to get people to eat.

Ceruean [00:16:54] One them. Whaaaat. All right, you got jokes.

EPIC [00:17:01] Go ahead. Knock, knock. Who's there? Orange.

Ceruean [00:17:07] Orange.

EPIC [00:17:07] You should have orange for lunch. I have orange for lunch. All right. I'm going to look for one. We're selling oranges. All right, y'all.

Ceruean [00:17:20] All right. Here we go. Time for oranges.

EPIC [00:17:25] Hi. My name is Wanda. I'm EPIC staff. I'm here to do it now. So who is this epic? Epic who? We're EPIC everywhere. Epic everywhere. You heard it here first. That's what Wanda said. What's Tenneal say? What's Tenneal say? So what made the tissue dance? How does the paper dance? We said that one. Yeah, well, like we said, that's like the third. So. City. Okay, Um, what did the big nacho say to the little nacho? I'm not-ch-yours!

Ceruean [00:18:28] Who's there? Bill. Bill who? Billy, I got a hold of the lawyer. Bill got a hold of the line.

EPIC [00:18:37] Oh, right on that issue. Yeah. Figured they'd get his power fit. Yeah. You ready? And what's your joke? And what's it, doc? Straight through right there. Oh, that's the joke right there. You know.

Ceruean [00:19:00] That's a joke. All right.

EPIC [00:19:01] You heard it here first.

Ceruean [00:19:05] Thanks again to all the folks at the EPIC program that Pillsbury House and Theater for your dreams and your jokes. And. And so Beth I'll let you go ahead and say what your hopes are, what you want to see for the Adapt Revolution.

Beth [00:19:25] Oh. One of my hope for the Adapt Revolution is to find pieces of information that are. You know that, you know, it's about doing away with hate and ableism against us. And so I'll, you know, scan any source of media. Yeah. And. And all of you know, right down my laundry list have having to do with any of that. And I'll bring that on in on a weekly basis. She'll leave and I'll bring out anything that's negative so that we're aware of what the corporate media often misses.

Ceruean [00:20:25] He. Yeah.

Beth [00:20:29] Because state hospital's on the run, But then the state hospitals weren't decent places to be out anyway. And in some states, you know, they still have some of those left over. And I'd like to find out like which states still have the mean. Why the hell they still have them?

Ceruean [00:20:49] Yeah, definitely. That's a conversation that we can start right now. We can, you know, uh, talk about abolitionist feminist movement as the place for also getting rid of sheltered workshops.

Beth [00:21:04] Yeah. I mean, this isn't just a minnesota issue.

Ceruean [00:21:10] Right

Beth [00:21:11] You know, I mean, there's still, you know, what was known as a local state hospital in Anoka is now known as Anoka Regional Treatment Center. That's just a cover name, is all it is.

Ceruean [00:21:26] Uh huh.

Beth [00:21:27] And then in Minnesota, they got Saint Peter State Hospital, which covers sexual offenders. You know, something else to give when it's recognized that it's being that it's stigmatizing those of us who have been in the system who are not dangerous to others. Well, right. Or who are only dangerous to ourselves.

Ceruean [00:21:53] Yep.

Beth [00:21:55] You know, and then I don't believe, you know, the John Hinckley had a mental illness. I think he knew exactly what the fuck he was doing.

Ceruean [00:22:06] ---.

Beth [00:22:08] Come hell or high water. Maybe I might have some so-called prejudice, so-called prejudices or what, you know, whatever you want to call it. But that's how I see it.

Ceruean [00:22:25] Yeah.

Beth [00:22:27] He chose to do what he was doing. Every person who, you know, commits a violent crime like that with the guns knows what that over doing damage. Our whole community is affected by. And for every person who signs of getting put behind bars like that other dude in Brooklyn I mean in not Brooklyn, New York, but Buffalo, New York, or, you know, the guy who killed, you know, a number of people at the high school in Broward County, Florida. Thank heavens. You know, those people weren't thought of as mental ill.

EPIC [00:23:06] Yeah

Beth [00:23:08] I'm just we were I'm lucky

Beth [00:23:14] But I'm just getting so tired of the corporate media bullshit that lets that happen, especially since I'm.

Beth [00:23:25] And it's just plain fucked up.

Beth [00:23:30] Roll up your sleeve and it's a part of the stupid infotainment that all of you know is a part of that.

Ceruean [00:23:38] Moving back seat between. Yeah, yeah.

Beth [00:23:42] You know, and then I'm thankful that you know, what the police officer did to George Floyd was not to receive mental illness. You know, if we began to think of all murders, with the exception of battered women or other people who were battered, you know, as being a mental illness, we would screw up our system totally. It's beautiful outside patios, I mean, come on. Right.

Ceruean [00:24:15] Yeah.

Beth [00:24:15] I mean, that would, you know, really screw up our democracy.

Ceruean [00:24:21] Well, you know, there's that there's that T-shirt that I got from the, um, Twin Cities LGBTQ, uh, two plus Pride Festival. Oh, okay. You're in Minneapolis. That, um, that was titled Love Disorder. And I said, Yeah, my sponsor, Life under Under Colonialism, Under Capitalism, under all of those isms that, um, had terrorized so many people for so long. It's the love order, first and foremost, because someone saying they love you and then they're doing all of these other things that work against the better sense of what love really looks like in public, which is justice.

Beth [00:25:11] Oh, yeah.

Ceruean [00:25:13] You know, and real, lasting justice, which means holding people in tenderness and in care so that we can solve real problems yourselves and around us, you know, like we're all holding so much emotional, uh, face within ourselves for, uh, ancestral knowledge that has yet to be discovered and all of those things, you know, because our lives are in our bodies. Right. And. And, um, put them over the edge. I think so, yeah. I mean, that's part of processing. All of this is just to realize, like, we're all here. Yeah. And, you know, we have a few things to sort out, you know, And, like, let's try to be, let's try to be open to a different way of thinking about, about life in general.

Beth [00:26:16] Yeah, exactly.

Ceruean [00:26:17] Yeah, I. And Matt. Okay, go ahead. Error pronoun. And I am very much interested in the ways that our stories can transform our realities so very quickly sometimes when things are in the right place for us. So this is the right place. We hope for many of you most of the time and where we're working to build power and build communities. So anyone who wants to add their voice or their hands or their feet or whatever makes them them as a whole person is what we're looking for from anyone that wants to connect with the Adapt Revolution.

Beth [00:27:13] Yeah, I also would be interested in seeing, you know, and have, you know, and making it a goal that the Twin Cities starts having what Boston and Chicago have working to get a Disability Pride March, which got started in Boston in 1990. And I know they have it in some parts of the world. I don't know where it got started as a result and inspiration of LGBT pride. And I heard that Philly in Pennsylvania has theirs, but I'm not real sure yet. Don't quote me on that yet. But. You know, the State Council on Disability claimed they were going to do something, but I think they're just talking and we need to get up our own stuff in in terms of doing something. Chicago has had theirs for 19 years so far and it's just marvelous. They have people coming from out of state and and a good number and it's more. And they've got more people of color involved as well.

Beth [00:28:48] Um, and when Matt and I went last, um. You know, I saw someone from crew reminded us of the. Oh, I can't. Of. Another a group that who you're saying just like. The same person in the band. And then, you know. And. And it's and it been and it was just wonderful. And.

Uh. And we just enjoyed it. And it was especially wonderful, you know, seeing a float as a part of the Parade.

Beth [00:29:55] And I especially love going down there for a number of other things.

Ceruean [00:30:01] Yeah, I've been imagining a disability pride parade as I've been going up in the Twin Cities, so it'd be so it'd be so delicious if everyone would start thinking about where the Disability Pride march should happen. And let's have, uh, people, uh, call in about, um, where they would like to have disability pride. Let's get the conversation going, you know? Yeah, definitely.

Ceruean [00:30:47] Yeah.

Beth [00:30:48] All right.

Ceruean [00:30:48] And call in funders to the show, Right? Like, Oh, are you funding disability?

Beth [00:30:54] Yeah. And we'll say, Yes.

Ceruean [00:30:57] Right, let's go, let's go.

Beth [00:31:02] Yeah. Okay. This is really beginning to move.

Ceruean [00:31:14] And that wraps up our first episode of Adapt Revolution, your weekly antidote to hate, greed and ableism. We'll catch you next week. Thanks for tuning in. [OUTRO SONG: "Put it Down" by Brandy and Chris Brown. All rights reserved]